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WELCOME MESSAGE

Dear Colleagues,

The international conference "Alzheimer's disease - a challenge for the contemporary world. Medical Psychological and Social Research and Intervention”, which will take place between the 8th and 9th of November, is on the list of important events of the Romanian Alzheimer Society, organized by the Napoca Branch together with “Iuliu Hațieganu” University of Medicine and Pharmacy, Cluj-Napoca and “Babeș-Bolyai” University, Cluj-Napoca.

It is for the first time that a branch of the Romanian Alzheimer Society organizes such an event, an initiative we are proud of.

The stated objective is to bring together specialists from multiple fields such as medicine, psychiatry, public health, psychology, social work, sociology, anthropology, social policies and public communication who will exchange ideas and share some of their experience, but also the results of their recent research in the fields of neuroscience, neuroimaging, clinical psychiatry, neuropsychology, psychology, sociology and social work.

With the assurance that this conference will be a success and you will gain valuable information from which you will benefit in your professional field, I wish you all the best!

Honorary President
Prof. univ. dr. Cătălina Tudose
"Carol Davila" University of Medicine and Pharmacy Bucharest
SCIENTIFIC COMMITTEE

Prof. univ. dr. Cătălina Tudose
Honorary President

Prof. univ. dr. Ioana Micluția
Co-President

Prof. univ. dr. Daniel David
Co-President

Conf. univ. dr. Liana Rada Borza
Honorary Clinical Senior Lecturer
Centre for Psychiatry, Imperial College London
SCIENTIFIC PARTNERS

“Iuliu Hațieganu” University of Medicine and Pharmacy, Cluj-Napoca

“Babeș-Bolyai” University, Cluj-Napoca

Romanian Alzheimer Society, Napoca Branch

ORGANIZING COMMITTEE

President: Eugen Băican ("Babeș-Bolyai” University Cluj-Napoca)

Dan Gădălean (Romanian Alzheimer Society, Napoca Branch)
The Romanian Alzheimer Society, Napoca Branch
1. is autonomous, has legal personality
2. it is registered in the register of NGOs and units of worship,
3. is accredited as a social service provider,
4. In 2 years since its inception, it has implemented 4 projects with European funding in the total value of 5,000,000 EURO

KEYNOTE SPEAKERS

▪ Prof. univ. dr. Dafin Mureșanu, Neurologist, Director of the Department of Neurosciences, "Iuliu Hațieganu" University of Medicine and Pharmacy Cluj-Napoca, Romania, President of the Society for the Study of Neuroprotection and Neuroplasticity (SSNN) and President of the European Federation of Neuro-Rehabilitation Societies (EFNR).

▪ Prof. univ. dr. Daniel David, Psychologist, Babeș-Bolyai University, Faculty of Psychology and Educational Sciences, Director of the Department of Clinical Psychology and Psychotherapy, Associate Prof. at Mount Sinai School of Medicine, New-York, USA, Prorector of Babes-Bolyai University Cluj-Napoca.

▪ Prof. univ. dr. Cătălina Tudose, Psychiatrist, "Carol Davila" University of Medicine and Pharmacy Bucharest, President of the Romanian Alzheimer Society.

▪ Prof. univ. dr. Ioana Micluția, Psychiatrist, Head of discipline Psychiatry and Pediatric Psychiatry at "Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca, Head of department of Psychiatric Clinic no. II Cluj-
Napoca, psychotherapist-classical psychodrama; sexologist, member of the Board of APR, AEP member, elected member of Women's Mental Health Section, Cultural Psychiatry Section member, member of the Society for Stress and Anxiety, STAR fellow AD Vienna. Member of the International Grant EUFEST.

- **Prof. univ. dr. Dan Dumitraşcu**, Gastroenterologist and Psychosomatician, "Iuliu Hațieganu" University of Medicine and Pharmacy Cluj-Napoca, Romania, elected President of the Romanian Society of Gastroenterology and Hepatology, Vice-President of the Romanian Society of Internal Medicine, Chairman International Liaison Committee of the Rome Foundation, Corresponding Member of the Academy of Medical Sciences, Deputy-Secretary of the European Association of Psychosomatic Medicine, Professor at Medical Clinic no.II, Cluj County Emergency Clinic Hospital.

- **Conf. univ. dr. Ben Hicks**, Psychologist, Center for Dementia Studies in Brighton, Sussex Medical School, UK.

- **Dr. Gert de Haan**, ERANID EU Netherlands, Herstelgroep-Netherlands.

- **Conf. Univ. Dr. Liana Rada Borza**, Centre for Psychiatry, Imperial College London (Ethics & Mental Health Law Tutor); Consultant in Old Age Psychiatry – Independent Clinical Services UK; Independent Expert of the European Commission, Brussels; PhD under international cotutelle with New York University School of Medicine; Intercalated BSc Honours in Neurosciences – University College London.
USEFUL INFORMATION

Venue: Grand Hotel Napoca, Octavian Goga Str. no. 1, Cluj-Napoca

Secretariat: The Registration Desk will function at the ground floor of Grand Hotel Napoca, near Ambasador Hall and will have the following working hours:

- Friday, November 8: 08.00 – 18.00
- Saturday, November 9: 08.30 – 13.30

Official languages: Romanian and English

Certificate of Attendance: On the last day of the event, doctors will receive a Certificate of Participation.

Abstracts Volume: Available in the congress bag under ISBN

Access in the conference rooms: Access in the congress space will be based on the badge received after your registration at the Secretariat.

Catering: Lunch and coffee breaks will be served to participants according to schedule, in specially designated spaces within the palace.

Liability and assurance: The Organizing Committee and PROevents & Conference are not responsible for damages of any kind, nor for the loss or damage to the luggage or other personal belongings of the participants. Any expenses incurred at hotel restaurants or the mini bar in the room will be borne by the participants in full.

Lost and Found: The goods found can be sorted at the Secretariat. To report the loss of a good, please contact the Secretariat.

Mobile Phones: Please close your mobile phones throughout the sessions.

Smoking: Smoking is allowed outside the location, only in specially designated areas.

Logistic organizer contact:
Roxana Lazar, 004 0755123411
roxana.lazar@palomatours.com

Professional Congress Organizer – PROEVENTS & CONFERENCE
www.medical-congresses.com
RECOMMENDATIONS FOR SPEAKERS AND CHAIRMEN

Recommendations for speakers:

Oral presentations will be presented in English or Romanian with power point slides in English.

The presentation remains the property of the author and will not be used without permission.

We recommend that you submit your presentation at least 1 hour before the start of the session directly in the room allocated for your presentation.

Technical specifications:

- Please have a portable support presentation: USB, CD, DVD, external hard drive and if you can have a copy of the presentation also by e-mail
- Supported Power Point versions are: '97, 2000,2003, XP, 2007 and 2010. Other programs are not supported.
- Save the document with the .ppt or .pps extension
- If you have multiple files, they must be saved in the same folder (all movie files are saved in the same directory on portable media)
- Do not use file passwords
- We recommend using common fonts: Times New Roman, Arial, Calibri, etc.
- If you are using Powerpoint.Mac or Keynote, please export your presentation as a .ppt for Windows or have your own computer with a Mac Adapter for video projector
- Please familiarize yourself with the projector remote control, timer and microphone
- Do not exceed in any case the time allocated to the presentation

Recommendations for chairmen:

Dear colleagues, the Scientific Committee thanks you for your consent to moderate one or more of the congress sessions.

Please consider the following:

- Before your session, please get acquainted with the technical assistant present in the room
- Check the technical state of the microphone, video projector, pointer, and lighting
- Start the session in time even if the audience is low
- You do not accept any violation of the presentation time to avoid program lags
- Announce the changes communicated by the organizers, if any
SCIENTIFIC PROGRAMME
SCIENTIFIC PROGRAM

FRIDAY, November 8, AMBASADOR HALL

08:00-09:00 Participants registration

09:00-09:20 Opening Session

*Chairs: Cătălina Tudose, Daniel David, Ioana Micluția, Eugen Băican*

- **Prof. univ. dr. Dafin MUREŞANU**, Neurologist, Director of the Department of Neurosciences, "Iuliu Hațieganu" University of Medicine and Pharmacy Cluj-Napoca, Romania, President of the Society for the Study of Neuroprotection and Neuroplasticity (SSNN) and President of the European Federation of Neuro-Rehabilitation Societies (EFNR).

- **Prof. univ. dr. Daniel DAVID**, Psychologist, Babeș-Bolyai University, Faculty of Psychology and Educational Sciences, Director of the Department of Clinical Psychology and Psychotherapy, Associate Prof. at Mount Sinai School of Medicine, New-York, USA, Prorector of Babes-Bolyai University Cluj-Napoca.

- **Prof. univ. dr. Cătălina TUDOSE**, Psychiatrist, "Carol Davila" University of Medicine and Pharmacy Bucharest, President of the Romanian Alzheimer Society.

- **Prof. univ. dr. Ioana MICLUŢIA**, Psychiatrist, Head of discipline Psychiatry and Pediatric Psychiatry at "Iuliu Hațieganu" University of Medicine and Pharmacy, Cluj-Napoca, Head of department of Psychiatric Clinic no. II Cluj-Napoca, psychotherapist-classical psychodrama; sexologist, member of the Board of APR, AEP member, elected member of Women's Mental Health Section, Cultural Psychiatry Section member, member of the Society for Stress and Anxiety, STAR fellow AD Vienna. Member of the International Grant EUFEST.

- **Prof. univ. dr. Dan DUMITRAȘCU**, Gastroenterologist and Psychosomatician, "Iuliu Hațieganu" University of Medicine and Pharmacy Cluj-Napoca, Romania, elected President of the Romanian Society of Gastroenterology and Hepatology, Vice-President of the Romanian Society of Internal Medicine, Chairman International Liaison Committee of the Rome Foundation, Corresponding Member of the Academy of Medical Sciences, Deputy-Secretary of the European Association of Psychosomatic Medicine, Professor at Medical Clinic no.II ,Cluj County Emergency Clinic Hospital.
Conf. univ. dr. Ben HICKS, Psychologist, Center for Dementia Studies in Brighton, Sussex Medical School, UK.

Dr. Gert DE HAAN, ERANID EU Netherlands, Herstelgroep-Netherlands.

Conf. univ. dr. Liana Rada BORZA, Centre for Psychiatry, Imperial College London (Ethics & Mental Health Law Tutor); Consultant in Old Age Psychiatry – Independent Clinical Services UK; Independent Expert of the European Commission, Brussels; PhD under international cotutelle with New York University School of Medicine; Intercalated BSc Honours in Neurosciences – University College London.

09:20-11:00 Plenary Session I–Keynote speakers lectures:

**Chairs: Eugen Băican, Petru Iluț**


09:45-10:10: Ioana MICLUȚIA (“Iuliu Hațieganu” University of Medicine and Pharmacy), “Surviving Cognitive Disorders in a Digital Age?”

10:10-10:35 Alexandra CHIRA, Dan DUMITRAȘCU (“Iuliu Hațieganu” University of Medicine and Pharmacy), “Eating Disorders in the Elderly with Cognitive Impairment”

10:35-11:00 Indrei RAȚIU (Pilkington Ratiu Bussines School – UK, Ratiu Democracy Center, Turda, Romania), “About the attitude of powerlessness and non-involvement in public psychiatry in Romania”

11:00 – 11:15: Coffee Break

11:15-13:15 Section no. 1

**Chairs: Ioana Micluția, Daniel David**

11:15-11:35 Liana BORZA (Centre for Psychiatry, Imperial College London, UK), “Conceptualizations of patient autonomy in the context of chronic diseases (including dementia): mental capacity assessment in four steps”

11:35-11:55 George MACARIE (The ACREMIS Association, Romania, psychologist), “Preparing patients with dementia and their family caregivers for the end of life challenges”

12:15-12:35 Eugen BĂICAN, (“Babes-Bolyai” University), Dan GĂDĂLEAN, (Romanian Alzheimer Society, Napoca Branch), Camelia MINICĂ, (Vrije University Amsterdam), “The situation of the personal caregivers of the Alzheimer’s patients, from the perspective of their resilience, their needs and resources”

12:35-12:55 Ana-Maria CÎNDEA, (Center for Neuropsychiatric Recovery and Rehabilitation for Alzheimer Dementia, Beclean, Bistrița-Năsăud County), Felicia Iftene (Quens College, Canada,) “Non-Pharmaceutical Therapies in Dementia”

12:55-13:15 Andreea MARIN, (Elias Emergency University Hospital Bucharest), Ileana CIOBANU (Elias Emergency University Hospital Bucharest), Rozeta DRĂGHICI (“Ana-Aslan” National Institute of Gerontology and Geriatrics, Bucharest), Mihai ZAMFIR (Physiology II-Neurosciences Division, Faculty of Medicine, „Carol Davila” University of Medicine and Pharmacy), Mihaela ZAMFIR (“Ion Mincu” University of Architecture and Urbanism, Bucharest), Gemma GOODALL (NTNU ~ Medical Technology), Artur SERRANO (UNN & NTNU, Department of Neuromedicine and Movement Science, Norwegian University of Science and Technology.), Mihai BERTEANU (Elias Emergency University Hospital Bucharest, “Carol Davila” University of Medicine and Pharmacy, Bucharest, Romania), “Working techniques for cognitive training-case report”

Lunch break 13:15 – 14:15

14:15-15:55 Plenary Session II – Keynote Speakers Lectures

Chairs: Ana-Maria Candea, Violeta Puscașu

14:15-14:40 Ben HICKS (Centre for Dementia Studies, Trafford Centre Brighton – research fellow and Sussex Medical School, UK), “DETERMIND: addressing inequalities in the dementia care pathway post-diagnosis”

14:40-15:05 Gert DE HAAN (ERANID-EU Netherlands and Co-operatieve Herstelgroep Nederland), Mieke Portegies (The European Anti-Poverty Network and Jellinek/Arkin CSD), “Bridging the gap between formal and informal care – a necessity in the contemporary times”
15:05-15:30 Liana BORZA (Centre for Psychiatry, Imperial College London, psychiatrist), "Organizational and legislative features of the old age psychiatric and psychosocial services in NHS England"

15:30-15:55 Adina STAN, ("Iuliu Hațieganu" University of Medicine and Pharmacy Cluj-Napoca, Romania, RoNeuro Institute and Psychiatry Clinic Hospital, Cluj- Napoca), ...

15:55 – 16:10 Coffee break

16:10-19:00 Section no.2 (Parallel Session)

**Chairs: Liana Rada Borza, Ben Hicks**

16:10-16:30 Edis MUSTAFA, Elias Emergency University Hospital Bucharest, "TCS - Transcranial electrical stimulation in the rehabilitation of patients with neurocognitive disorders"

16:30-16:55 Mihaela ZAMFIR (Grigorescu) (“Ion Mincu” University of Architecture and Urbanism, Bucharest), Mihai V. ZAMFIR (Physiology II-Neurosciences Division, Faculty of Medicine, “Carol Davila” University of Medicine and Pharmacy; Medicover, Bucharest), Andreaa G. MARIN (Medical Recovery Clinic, “Elias” University Emergency Hospital, Bucharest), Ileana CIOBANU (Medical Recovery Clinic, "Elias" University Emergency Hospital, Bucharest), “Dementia-friendly architecture. From principles to best practice models and personal experiences”


17:15-17:35 Bianca SUCIU (“Iuliu Hațieganu” University of Medicine and Pharmacy), Martina Pintea TRIFU (“Iuliu Hațieganu” University of Medicine and Pharmacy), Ramona PĂUNESCU (“Iuliu Hațieganu” University of Medicine and Pharmacy), Ioana MICLUȚIA (“Iuliu Hațieganu” University of Medicine and Pharmacy), “The association between dementia and somatic comorbidities”
17:35-17:50 Dan GĂDĂLEAN, (Romanian Alzheimer Society, Napoca Branch), "Management of behavioral and psychological symptoms in patients with neurocognitive disorders, ERASMUS + Project"

17:50-18:15 Violeta PUŞCAŞU ("Dunărea de Jos" University, Galaţi, Faculty of Juridical, Social and Political Sciences), "The University of the Third Age - A form of cognitive training with benefits to the elderly"

18:15-18:35 Florin CASOINIC ("Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca, University Hospital C.F. Cluj-Napoca), "Cognitive decline in the elderly with high blood pressure and other cardiovascular conditions”

18:35-19:00 Vinod NAMBIAR (India and Netherlands), “Attitudes and practices concerning caring of Alzheimer disease patients in India’s culture and society”

FRIDAY, November 8, PRIVEE HALL
16:10 – 18:00 (Parallel Session)

16:10-16:30 Livia POPA (RoNeuro Institute for Neurological Research and Diagnostic, Cluj-Napoca, Romania, Department of Neurosciences, “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania), Hanna DRAGOŞ (Department of Neurosciences, “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania), Ștefan STRILCIUC (RoNeuro Institute for Neurological Research and Diagnostic, Cluj-Napoca, Romania, Department of Neurosciences, “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania), Dafin MUREŞANU (RoNeuro Institute for Neurological Research and Diagnostic, Cluj-Napoca, Romania, Department of Neurosciences, “Iuliu Hatieganu” University of Medicine and Pharmacy, Cluj-Napoca, Romania), “The role of quantitative electroencephalography in the differential diagnosis of Alzheimer’s disease with other forms of dementia”

16:30-16:50 Anca MERCEA ILIEŞ (St. Maria Day Care Centre for Disabled Individuals _APAHNP Cluj-Napoca), "Recovery in difficult cases of intellectual disability and development"

WORKSHOP
16:50-17:20 George MACARIE (ACREMIS Association, Romania), “Introductory presentation: Clinical Strategies and Narrative Source Therapeutic Interventions to 17:20-18:00 PRACTICAL WORKSHOP: Reflective practice group for professionals, following the "Schwartz Rounds" model
SATURDAY, November 9, AMBASADOR HALL

09:00-11:00 Session no. 3

Chair: Florin Casoinic, Gert de Haan

09:00-09:20 Ana Cristina ȘERBAN ("Iuliu Hațieganu" University of Medicine and Pharmacy), Iulia Patricea Hulubă (Clinical Hospital of Emergency Cluj Napoca, Psychiatry II Clinic), Ramona Păunescu ("Iuliu Hațieganu" University of Medicine and Pharmacy), Ioana Miclețiu ("Iuliu Hațieganu" University of Medicine and Pharmacy), “The Evaluation of Patients who suffer of Alzheimer disease, Comparative Analysis of Inpatients and Outpatients”

09:20-09:40 Dan GĂDĂLEAN (Romanian Alzheimer Society, Napoca Branch, Cluj County General Direction for Social Assistance and Child Protection), Alexandru SZEKELY (Cluj County General Direction for Social Assistance and Child Protection), "The use of creative drama and the art of storytelling in the care of people with dementia - case study"

09:40-10:00 Mihai Viorel ZAMFIR, (National Center for Mental Health and Drug Control-CNSMLA, Project Manager), Antonescu Ileana BOTEZAT (National Center for Mental Health and Antidrug Fight, Bucharest, Romania), Marius CIUTAN (National School of Public Health Management and Professional Development Bucharest, Romania), Carmen Lavinia PANAIT (National School of Public Health Management and Professional Development Bucharest, Romania), Maria-Elena BOZDOG (Babeș-Bolyai University, Cluj-Napoca, Romania), Radu PÎRLOG (Babeș-Bolyai University, Cluj-Napoca, Romania), "Management of frailty in elderly patients with cognitive impairment"

10:00-10:20 Ștefania ILINCA, (Global Brain Health Institute, Trinity College Dublin, Ireland, European Centre for Social Welfare Policy and Research, Vienna, Austria), “Strengthening Research Capacity and Policy Responses to Dementia in Romania – CreDEM”

10:20-10:40 Florin MARGHITAS (Eurosan Clinic, Cluj-Napoca), “Psychosomatic approach in the co-morbidity mental illness-addiction”

10:40-11:00 Eugen BĂICAN, (Babes-Bolyai University), Dan GĂDĂLEAN (Romanian Alzheimer Society, Napoca Branch) "Necessary explorations and developments in the field of dementia policies and services, POCA Project" Mental health - priority on the public agenda"
Coffee break: 11:00 – 11:15

11:15-13:45 Session no. 4
Chairs: Vinod Nambiar, Mihaela Zamfir

11:15-11:35 Mihaela ZAMFIR (Grigorescu), (University of Architecture and Urbanism “Ion Mincu” I Bucharest, architect), Maria MOGLAN (Vice-President of the Romanian Alzheimer Society Bucharest, Romania), Raluca SFETCU (Faculty of Psychology and Educational Sciences, “Spiru Haret" University, Bucharest, Romania), Mihai ZAMFIR (Psychology II-Neuroscience Division, Faculty of Medicine, „Carol Davila” University of Medicine and Pharmacy), Cătălina TUDOSE (Psychiatrist, "Carol Davila" University of Medicine and Pharmacy Bucharest, President of the Romanian Alzheimer Society), Lea PFÄFFEL (Project Manager-INDEED; Technical University of Munich, TUM MED, Germany), Alexander KURZ (Project Coordinator- INDEED; University Hospital, Technical University of Munich, TUM MED, Germany), "Dementia, a healthcare priority. INDEED Project_Danube Interreg, the importance of communication activities"


11:55-12:15 Luminiţa DANEŞ (Individual Psychology Office), "ICF philosophy as a holistic approach of disability"

12:15-12:35 Dragoș-Cristian BOGDAN (”Spiru Haret” University, Bucharest, Romania), Mihaela ZAMFIR (Grigorescu), “Synthesis of Architectural Design” Department, Faculty of Architecture, “Ion Mincu” University of Architecture and Urbanism, Bucharest, Romania), “Physical activity and specific kinetotherapy for the elderly with neurocognitive disorders, strengthening the results by quality of the space”


13:15-13:30 Dan GĂDĂLEAN, (Romanian Alzheimer Society, Napoca Branch), Eugen BĂICAN, (Babes-Bolyai University), Alina RAD (Romanian Alzheimer Society, Napoca Branch), "Training program for improving the quality of life of people diagnosed with Alzheimer's disease through" Serious Games ", AD-GAMING Project"


13:45-14:15 CLOSING SESSION

Chairs: Cătălina Tudose, Daniel David, Ioana Micluția, Eugen Băican
• Reports of the sections’ chairs
• Free Discussions

SATURDAY, November 9, PRIVÉE HALL

09:30-10:30 (Parallel Session)

Vinod NAMBIAR (India and Netherlands), Experiential workshop: "Breathing techniques and bridling calmness the body, mind and self, to have a healthy and long life"

POSTER’S SESSION (AMBASADOR HALL)

Simona Claudia TAMASAN, (Emergency County Hospital “Pius Brinzeu” Timișoara, Romania), Claudia Cristina VASILIAN (Emergency County Hospital “Pius Brinzeu” Timișoara, Romania), Diana LUNGEANU (Victor Babeș”, University of Medicine and Pharmacy, Timișoara, Romania), Dan V. POENARU (Victor Babeș”, University of Medicine and Pharmacy, Timișoara, Romania), “Delirium and dementia among patients admitted for hip fracture. Research design at the patient’s bedside”
INFORMATION ABOUT CLUJ-NAPOCA

Cluj-Napoca is a treasure chest in Romania, which has earned its place as an economic, cultural and innovation center, both nationally and internationally. Today, the city is one of the most effervescent cities in Europe, with a multicultural environment that attracts both tourists and emigrants.

Cluj-Napoca is not called the "Heart of Transylvania" because of its geographical position, but because of its role in the historical and economic development of the region. In the 18th and early 19th centuries, when Transylvania was part of the Austro-Hungarian Empire, Cluj was the capital of the province of the empire, an unofficial title that the city holds today.

Fascinating things about Cluj:

- **Youth Capital:** In 2015, Cluj was the European Youth Capital

- **The friendliest city in Europe:** 91% of locals have a positive outlook on foreigners who come or live in the city

- **The cleanest air in Europe:** Cluj-Napoca ranked first among the 100 largest cities in the European Union in terms of air quality, in 2014

- **The largest multipurpose hall in south-east Europe:** opened in 2014, it can accommodate more than 7,000 people for sporting events and about 10,000 for a concert

Practical information:

Taxi:
- Taxi Diesel 0744 646 663
- Taxi Clima & Confort 0264 943